



James obtained a Bachelor of Business Administration with concentration in Trust Management from Campbell University in May, 1986. Prior to attending law school, James was a Personal Banker and Assistant Branch Manager with Wachovia Bank. He then obtained his Juris Doctor degree in 1990 from Samford University, Cumberland School of Law in Birmingham, Alabama. After working with another law firm for approximately two years, James started his own law firm in 1993, representing clients in almost every county of North Carolina. The firm changed its name to Vann & Sheridan, LLP, Attorneys at Law in 1998 and currently has attorneys who handle creditors' rights, construction litigation, contract law, business planning business succession estate planning, business formation, non-profit and association work and civil litigation matters.

James' law practice concentrates on creditors' rights, business law and planning and succession, and civil commercial litigation. Through the family business, James learned at an early age the value of sound business judgment. When representing creditors, business and corporate clients, James strives to consider business and economic issues, as well as the legal issues.

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### Practice Areas

Construction Law  
Civil Litigation  
Alternative Dispute Resolution  
Contracts  
Commercial Creditor's Rights  
Business Law and Planning  
Employment Related Claims  
Estate Planning

### Education

Law School: Cumberland School of Law of Samford University Year: 1990 Degree: Juris Doctorate  
Undergraduate: Campbell University Year: 1986 Degree: Bachelor of Business Administration with a Certificate in Trust Management

### Professional Activities

Member of the N.C. Bar Association  
Member and Past Chair of the Law Practice Management Section  
Business Law Section, Construction Law Section, and Real Property Section  
Member of the Bench/Bar Liaison Committee

## Community Involvement

James is an active member of Hayes Barton Baptist church, Deacon, former Chair of the Diaconate, Sunday School Teacher, Men's Monday Night Bible Study Facilitator, and is active in other areas of service.

James has been involved in the YMCA of the Triangle since 1992 and has been an active leader and former Chair of the "We Build People" campaign which raises money to assist children and families in attending camps, learning opportunities and other activities within the YMCA.

James is active with the Greater Raleigh Chamber of Commerce. He is a graduate of Leadership Raleigh, former Chair of Leadership Raleigh 24 and is the Chair-Elect for Leadership Raleigh Alumni. He also currently serves on their Board of Directors.

James and his wife have two fantastic children who they love dearly!

## Recent Publications

*Options To Purchase In Contracts: Why Courts May Opt Out of Enforcing Them*

*Improve Yourself and Your Business Too!*

*We Have to Litigate This Across the Pond?*

*E-Discovery: Why It Can Impact Your Law Suit*

*Equipping Your Employees & Company for the Worst*

*Frequent Foreclosures for North Carolina*

*The Legal Pad - September 2010*

## Meet James Vann

James is an active member, Deacon and former Chair of the Diaconate of Hayes Barton Baptist Church in Raleigh. He also is an active participant and Past Chair of the "We Build People" campaign for the Alexander Family YMCA in Raleigh. The "We Build People" campaign raises money to assist children and families with a variety of needs by providing positive influences, mentors, education, camp experiences, etc for the families. James also enjoys running, bicycling and spending time with his beautiful wife and precious son and daughter!

